

To Whom It May Concern,

3/2/20

I would like to start coming back to the West Allen Library. I was having incontinence issues that are now resolved. I went & saw a specialist for this. I was asked to keep a diary of how much I was drinking, eating & using the bathroom for 2 weeks. I turned it in to the doctor and she said for my age I was drinking too much water & told me to reduce the volume of liquids I consumed by $\frac{1}{3}$. I did that and it has resolved all my incontinence issues.

Sincerely, Jane Huttner

Jane Huttner
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[REDACTED]

Library card [REDACTED]